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Hi Everyone,

I decided that I better get a wriggle on and update the newsletter. Christmas will be on us before we know it. We seem to have had such a lot of things going on lately, including the move to our new venue, which is very comfortable.

The FESTIVAL OF THE SPIRIT on the 7th Oct was truly a beautiful day! Our numbers may have been small, but our enjoyment was immense. With meditations for healing both for ourselves and for our beloved Mother Earth, the upliftment, healing and joy was felt all day. Everyone felt free and comfortable enough to try the wonderful experience of Tai Chi brought to us by Brian Gregson, an experienced teacher of 16 years, and also to experience the unique benefits and joy of belly dancing which Kerry Little taught us so well. It's amazing how each of these forms of movement created such an atmosphere of pleasure and enjoyment amongst our group – movement is surely a wondrous thing. The words of Suzi Smith, Phill Grono and Lyn Dennis were also filled with amazing insights that enabled each one of us to gain our own truths from the day. The door prizes and raffles are always a fun event – well done to those with the luck on the day! And a big thankyou to Phill & Michelle from Immrama for donating the morning tea voucher to raise funds for the church \$25.00 went into the church funds. All in all our Festival of the Spirit was a wonderful and glorious success. Thankyou to everyone who spoke and to all who partook in the days activities. I know I certainly left with an uplifted and more joyous spirit, I thank you.

We have had a number of items donated for us to raffle at church to raise extra funds, so thankyou to Paris Potions, Immrama coffee shop, and Chakradance. Thankyou all for your continued support. Until next time, take care of each other. And may I wish you all a *Wonderful Christmas and fantastic New Year.*

Blessings Mandy

Immrama
Your Organic Coffee Shop
306 Peel St
Tamworth
Ph: 6761 3504

Choose Paris Potions
for all your
Beauty Requirements
Be pampered by the professionals
342 Peel St Tamworth
Ph: 6766 5993

For your Special Pieces of Orgonite

Contact: Andrew McFarlane Ph/Fax: 02 6769 6408

Or see him at Church or at our Psychic Fairs

"JUST DO IT" - Mindy Willson

Having been fortunate enough to discover the importance of connecting Spiritually at a very young age, I decided in my youthful wisdom that it was time to share this "secret" with others. "But how?" I asked. Spirit answered quickly. "Heal yourself." This came as somewhat of a surprise since what I had asked was, 'how to help others.' I asked again because surely God misunderstood my question. Again the answer was quite clear, "Heal Yourself." It took countless books, seminars and retreats to understand how profound an answer those two little words were. Once realized, I began to deepen my trust in the wisdom of the Infinite, even though I hoped that the answer to my question would someday change or even become a whole sentence. After all, how could "Heal Yourself" be the answer to all of Life's questions or challenges?

During a particularly difficult time in my life while asking for guidance, Spirit responded. Once again the answer contained two words, only this time they were: "Let Go." "Let go?" I asked. Let go? How could I possibly let go when clearly there was so much I needed to "do." Thinking that surely God was having an off day, I decided to take matters into my own hands. Once again, about three years later, kicking and screaming, I "Let Go." And once again I realized the profundity of a simple two-word answer. I seemed to get new answers about every three years. (Some of us are slow learners.) The next answer has been the most profound so far. But, of course, it could only have been understood, at least by me, after having spent some time on the other two. This time the answer came during a period of paralyzing fear. Once more, just three words (instead of two). Loud and clear at the most appropriate time: "Just do it!"

These words came to me several months before Nike's big campaign of the same name. And Spirit, when it wants to, can really make a point. How about driving down the 405 Freeway while questioning the wisdom of the Infinite, looking up and seeing the answer reinforced in billboard size letters: JUST DO IT! Talk about powerful! I have experienced countless miracles and demonstrations in my life as I learn to apply and reapply one of these three answers to just about any challenge or situation that comes up in my life: HEAL YOURSELF, LET GO, JUST DO IT.

Mindy Willson Business Owner Complexions Day Spa and Wellness Center

Taken from a book Wake Up - Live the life you Love



Join in with our Healing Circle at 7.45pm for 15mins each evening as we send Love, Healing and Upliftment to all in need and to our dear Earth Mother.
Let your light shine and your love blossom.

Food For Thought

I have no idea who the original author was. But it has a meaning. From a strictly mathematical viewpoint: What Equals 100%? What does it mean to give MORE than 100%?

Ever wonder about those people who say they are giving more than 100%? We have all been in situations where someone wants you to give over 100%. How about achieving 101%? What equals 100% in life?

Here's a little mathematical formula that might help you answer these questions:

If: A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

Is represented as:

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26.

Then:

H-A-R-D-W-O-R- K

$8+1+18+4+23+15+18+11 = 98\%$

and

K-N-O-W-L-E-D-G-E

$11+14+15+23+12+5+4+7+5 = 96\%$

But

A-T-T-I-T-U-D-E

1+20+20+9+20+21+4+5 = 100%

AND look how far the love of God will take you

L- O- V- E- O-F- G-O-D

12+15+22+5+15+6+7+15+4 = 101%

Therefore, one can conclude with mathematical certainty that: While Hard work and Knowledge will get you close, and Attitude will get you there, it's the Love of God that will put you over the top! It's up to you, if you share this with your friends & loved ones just the way I did. We can't be what we hope to be by remaining what we are. AND... If you keep on doing what you've always done, you will keep on getting what you've always had.-- *anonymous*

Your Special Weekend Retreat

Farm Cottage Mullee Mullee Bendemeer

Phone Nicole 02 6769 6408

or

Email: NicNakMac@aol.com

Website: www.farmcottage.com.au

WHY WORRY

- The most destructive habit.....Worry
 - The greatest Joy.....Giving
 - The greatest loss.....Loss of self-respect
 - The most satisfying work.....Helping others
 - The ugliest personality trait.....Selfishness
 - The most endangered species.....Dedicated leaders
 - Our greatest natural resource.....Our youth
 - The greatest "shot in the arm".....Encouragement
 - The greatest problem to overcome.....Fear
 - The most effective sleeping pill.....Peace of mind
 - The most crippling failure disease.....Excuses
 - The most powerful force in life.....Love
 - The most dangerous pariah.....A gossip
 - The world's most incredible computer.....The brain
 - The worst thing to be without.....Hope
 - The deadliest weapon.....The tongue
 - The two most power-filled words....."I Can"
 - The greatest asset.....Faith
 - The most worthless emotion.....Self-pity
 - The most beautiful attire.....SMILE!
 - The most prized possession.....Integrity
 - The most powerful channel of communication.....Prayer
 - The most contagious spirit.....Enthusiasm
- Everyone needs this list to live by...

Classifieds

Meditation Groups Relaxation & Healing

Monday Evenings 7.30pm-9pm Ph: 67 627 162

Spiritual & Mediumship Skills Development Groups

Tuesday & Wednesday Evenings 7.30pm - 9.30pm Ph: 67 627 162

Healers

Janita Ying - Spiritual Healing, Chakra Balancing, Acupressure Massage.
Ph: 6762 0933

Judi Clark - Spiritual Healer, Reiki Ph: 6765 9718

Mandy Coles - Spiritual Healing, Reiki, Merlin Trinity Ph: 67 627 162

Readings

Janita Ying - Spiritual Readings Ph: 6762 0933

Mandy Coles - Clairvoyant / Medium Ph: 67 627 162

Spiritual Books

Phil Reading email: phil@giltide.com Mobile: 0418 658 338

Workshops

Mandy Coles - Ph: 67 627 162 www.mandycoles.com.au

Chakradance - **Craig Oliver** – Ph: 0412 013 523 www.craigoliver.com.au

Coming Events

Country Music Psychic Fair 15th - 28th January 07

Visiting & Local Readers Ph: 67 627 162

If you would like to advertise on this Classifieds page it is \$5.00 for each quarter. (3 lines max). Please call Mandy on 02 67 627 162 All fees will go towards the cost of maintaining the newsletter .

Remember you never walk alone



With a silent prayer, comes a helping hand, a guiding Light, that understands.

Church Speakers & Clairvoyants

| <u>Date</u> | <u>Speaker</u> | <u>Clairvoyant</u> |
|-------------|----------------------------|---------------------|
| 26/11/06 | Judi Clark | Phil Reading |
| 24/12/06 | Christmas Eve Service | Church Congregation |
| 28/1/2007 | Visitors – to be confirmed | |

Something to think about

Ideals

As you think, you travel: as you love you attract. You are today where your thoughts brought you; you will be tomorrow where your thoughts take you. You cannot escape the results of your thoughts, but you can endure and learn, can accept and be glad. You will realize the vision (not the idle wish) of your heart, be it base or beautiful, or a mixture of both for you will always gravitate towards that which you secretly most love. Into your hands will be placed the exact results of your thoughts; you will receive that which you earn; no more no less. Whatever your present environment may be, you will fall, remain or rise with your thoughts, your vision, your ideal. You will become as small as you controlling desire; as great as your dominant inspiration. James Allen

